

Sample Menu

Week of 1/29 – 2/4

Winter 2012

BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Waffles with Strawberries Sausage Orange Slices	Ham & Cheese Omelet Diced Potatoes Toast Applesauce	Biscuits & Sausage Gravy Scrambled Eggs Peaches	French Toast Syrup Bacon Banana Half	Ham and Eggs Scramble Bagel with Cream Cheese	Breakfast Casserole Cinnamon Toast Pineapple Ring	Pancakes Sausage Syrup Orange Slices

NOON MEAL

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Pork Roast Sweet Potato Casserole French Cut Green Beans or Peas Dinner Roll & Butter Apple Ring	Meatballs in Dilly Sauce White Rice Steamed Cabbage or Pickled Beets	Salisbury Steak Gravy Mashed Potatoes Mixed Vegetables or Sliced Tomatoes	Wet Burrito Spanish Rice Baja Vegetables Tortilla Chips	Liver & Onions Fried Potatoes Capri Vegetables or Carrots	Pasta Carbonara Spinach Salad or Carrots Garlic Bread	Glazed Ham Loaf Acorn Squash Green Beans or Dinner Salad Garlic Toast
Coconut Cream Pie or Sugar Free Pie	Lemon Cake or Sugar Free Cake	Chocolate Layer Dessert or Sugar Free Dessert	Cherry Chip Cake or Sugar Free Cake	Brownie Ala Mode	Peanut Butter Bars or Sugar Free Dessert	Peach Cobbler or Sugar Free Cobbler
ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE
Buttered Tilapia Rice Pilaf Salad Toast Fresh Fruit	Crispy Chicken Salad Dinner Roll Butter Fresh Fruit	Corned Beef Hash With Baked Egg Toast Fresh Fruit	Beef Stew Biscuit Fruit Salad	Chicken Fried Steak & Potatoes Tomato Slices	Grilled Turkey & Cheese Fresh Fruit	Deli Plate with Dinner Roll Cup of Soup

EVENING MEAL

DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken n' Broccoli Casserole Cornbread Butter Pineapple Ring	Grilled Casino Sandwich Cup of Soup Crackers	Bologna & Cheese Sandwich Potato Salad BBQ Chips	Rosemary Chicken with Roasted Vegetables	Egg Salad Sandwich Cup of Soup Crackers	Fish Basket with Tartar Sauce Fries Coleslaw	Beef & Cheese Stuffed Potato Broccoli Dinner Roll
Ginger Cookies or Sugar Free Cookies	Rice Krispie Treats or Sugar Free Cookies	Cinnamon Rolls or Sugar Free Cinnamon Rolls	Variety Desserts or Sugar Free Desserts	Fruited Jell-O or Sugar Free Jell-O	No Bake Cookies or Sugar Free Cookies	Doughnut or Sugar Free Doughnut

Soup Du Jour

SOUP DU JOUR	SOUP DU JOUR	SOUP DU JOUR	SOUP DU JOUR	SOUP DU JOUR	SOUP DU JOUR	SOUP DU JOUR
Pinto Bean & Ham	Cheesy Broccoli	Chicken Noodle	Tomato	Split Pea	Corn Chowder	Cream of Mushroom

*Assorted Fruit Juice Available for Breakfast Along with Hot and Assorted Cereals, Fresh Fruit, and Toast

***Menu subject to change.

***Other Available Beverages: Coffee, Milk, Buttermilk, Hot Tea, Assorted Pop,(Reg. & Diet), Lemonade, and Punch